



NARROW HEM DIRECTIONS

A perfect finish to complete your garment. A professional looking hem is easier than you think. Here is my easy, fool-proof method for sewing a narrow hem.

1. I'll be showing you on a curved hem, but the same principles apply to straight hems. If you're planning on only doing a single fold, **EDGE FINISH** now (zigzag, overlock, or even pinking).



2. **BASTE** 1/4" away from the raw edge of the fabric, do not backstitch.



3. **PRESS** well, setting the basting stitches exactly on the fold.



4. **SINGLE FOLD**: **TOPSTITCH** 1/8" from fold, making sure to catch the hem allowance underneath.

5. Remove basting stitches.





6. DOUBLE FOLD: PRESS well, folding the hem over again to enclose the raw edge. (TIP: For curved hems it helps to go slowly in small 2-3 inch increments and use plenty of steam to shrink out the excess fullness.)



7. TOPSTITCH 1/8" from fold, making sure to catch the hem allowance underneath.



8. Remove the basting stitches. (Although, if you're feeling lazy, you could leave them since they are on the inside of the garment.)