

## RUFFLE BOTTOM LEGGINGS

These instructions are for altering your [Basic Knit Leggings](#) or [Ruffle Leggings](#) pattern from Jocole to add ruffle fabric at the bottom.

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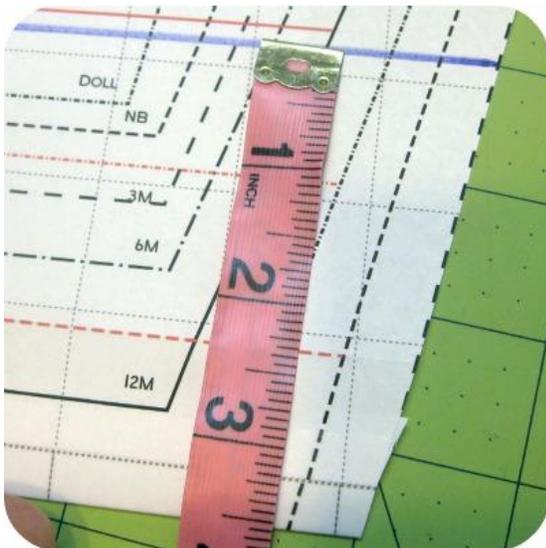
*You can read ALL of my tips and tricks of working with knit fabrics with a traditional sewing machine for professional looking results -- no serger required and no amateur zigzags! I've also included all of my favorite serger tips and tricks too.*

<http://www.jocole.net/pdf/KnitTips&Tricks.pdf>



### SEWING INSTRUCTIONS

1. Measure the height of however many rows of ruffles you want to add on your ruffle fabric ... I wanted 3 rows of ruffles, so my measurement was 3 1/2"

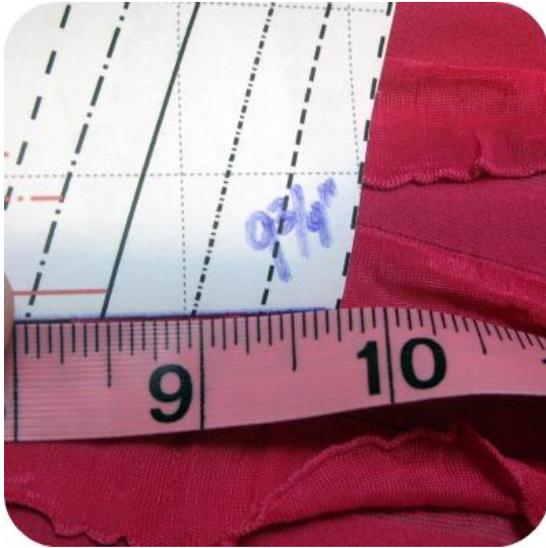


2. Draw a line from your cutting line the same measurement from Step 1. [Example: my measurement was 3 1/2" so my line is 3 1/2" up from the capri cutting line ... since I wanted capris ... but this also works for full length]

Fold along the NEW line you just drew.

Cut out your legging pieces using the new line as your cutting line.

Make sure you have 2 opposite legs, either fold the fabric over and cut out 2 at once – or lay out the fabric in one layer, cut out one leg, then flip the pattern over to cut out the other leg.



3. Measure the NEW bottom folded edge. [My measurement was 9 3/4"]



4. Cut the ruffle fabric along the line above the number of ruffle rows you want.



5. Cut the ruffle fabric strips to the same length you measured from Step 3. [Example: mine were 9 3/4"]. Just cut the strips so they are a rectangle ... with the bottom and top the same length.

There is no need to taper like the bottom of the legs on the leggings are ... in fact I would recommend against it. Ruffle fabric is stretchy, but not as stretchy as most knit fabrics.



6. With your legging piece RIGHT side up, lay your ruffle piece RIGHT side down. Make sure all your ruffles are facing away from the seam (shown with the black arrow).

STITCH seam using a 3/8" seam allowance. Remember to gently stretch seam while stitching. Backstitch to reinforce seam. If seam is slightly wavy: PRESS and steam seam back to its original length.

[If using a serger, STITCH using a 1/4" seam allowance, trimming 1/8" from the edge – no need to stretch while you sew.]



7. PRESS seam allowances up. Topstitch if desired, creating a faux-coverstitch. Remember to gently stretch the hem while stitching.

Hem will be slightly wavy. PRESS and steam seam back to its original length.

[NOTE: If you don't want to use a twin-needle you can use a zigzag stitch instead for optimal stretchiness.]



8. With RIGHT sides together and the edges aligned, STITCH inseam using a 3/8" seam allowance. Remember to gently stretch seam while stitching. Backstitch to reinforce seam.

Make sure all your ruffles are aligned and facing down (shown with the black arrow) while you're sewing.

[If using a serger, STITCH using a 1/4" seam allowance, trimming 1/8" from the edge – no need to stretch while you sew.]

9. If seam is slightly wavy: PRESS and steam seam back to its original length.



10. Doesn't that look awesome?!



11. Turn one leg RIGHT side out and slip into the other WRONG side out leg. Align the raw edges of the crotch making sure to match inseams, center fronts and center backs.



12. With RIGHT sides together and the edges aligned, STITCH crotch using a 3/8" seam allowance. Remember to gently stretch seam while stitching. Backstitch to reinforce seam.

[If using a serger, STITCH using a 1/4" seam allowance, trimming 1/8" from the edge – no need to stretch while you sew.]

13. If seam is slightly wavy: PRESS and steam seam back to its original length.

Continue with the directions for applying the elastic around the waist provided in the [Basic Knit Leggings](#) or the [Ruffle Leggings](#). Or you can find the complete directions here: <http://www.jocole.net/pdf/ElasticDirections.pdf>

Here are your finished Ruffle Bottom Leggings ... aren't they CUTE?!





### **EMBELLISHMENT IDEAS:**

You can find a list of all of our FREE tutorials for embellishing you garments HERE:

<http://jocole.blogspot.com/2011/12/embellishment-ideas.html>



Easy Ribbon Tags for identifying what size the item is:

<http://jocole.blogspot.com/2010/11/easy-ribbon-tags.html>



Mini-Bows are perfect for sewing on the FRONT to help your little one dress herself, so she can easily tell which is the front and which is the back:

<http://jocole.blogspot.com/2010/11/mini-bow-directions.html>

### **RESOURCES:**

You can purchase Ruffle Fabric here: <http://www.rufflefabric.com/>

Basic Knit Leggings pattern can be purchased here:

[http://www.jocole.net/catalog/index.php?main\\_page=product\\_info&cPath=8\\_15&products\\_id=48](http://www.jocole.net/catalog/index.php?main_page=product_info&cPath=8_15&products_id=48)

Ruffle Leggings pattern can be purchased here:

[http://www.jocole.net/catalog/index.php?main\\_page=product\\_info&cPath=8\\_15&products\\_id=80](http://www.jocole.net/catalog/index.php?main_page=product_info&cPath=8_15&products_id=80)

Why not try this same ruffle fabric strip technique on some of our shirt patterns ... you can purchase them here:

[http://www.jocole.net/catalog/index.php?main\\_page=index&cPath=8\\_13](http://www.jocole.net/catalog/index.php?main_page=index&cPath=8_13)

The sewing pattern for the "Crazy Cute Jumper" on page 6 can be found here:

<http://www.etsy.com/shop/HaileyBugsCloset>